


## UMIĘTNOŚCI I ZAJNTERESOWANIA

17a.  Write the sentences in your notebook and fill in the gaps. Then listen and check.






- I am keen  photography. I take photos of nature, particularly birds.
- I'm mad  horses and horse riding. I go riding every week.
- I enjoy  languages.
- I'm a  of jazz.
- I'm interested  art history.
- I'm  gardening and nature.
- I'm good  dancing.
- I'm hopeless  cooking.
- I don't  football.
- I'm fond  martial arts.

17b. Change the sentences from activity 17a so they describe your hobbies and interests. Add more information as in sentences 1 and 2.

## OSOBISTY SYSTEM WARTOŚCI I AUTORYTETY

18. Read and complete the article from a youth magazine with phrases a–e. Write the answers in your notebook.

- a challenging the views of others
- b discovering what is important
- c is right or wrong
- d look for role models
- e we develop our own value system

Values reflect what we feel  for ourselves, for others and for the community. When we are young, we learn most of our values from our families, but as we grow up . Many of us like experimenting and . Some of us  and imitate the people we admire. Our identities are never fixed. They evolve as a result of our interactions with other people and social institutions. Values can be identified through self-awareness and  to us. Self-identity and values are linked. Look at the ideas below. How important is each of them in your life?

- Friendship
- Family
- Having lots of money
- Finding meaning in my life
- Making a contribution to society
- Love
- Freedom

19a. Choose one of the questions below and answer it with full sentences. Write the answers in your notebook.

What values did your parents encourage when you were young?

*My parents believe in hard work and education. They taught me how to take care of my things when I was just a little boy. They insisted I studied hard at school and they have always supported my academic ambitions.*

- Was your value system shaped by your family, friends or education?
- Are there any people who are your role models?
- Is your value system fully formed or is it still evolving?

19b. Work in pairs. Compare your answers from activity 19a.




## POCZUCIE TOŻSAMOŚCI


## EXTENDED

20a. Work in pairs. Discuss in Polish what the phrases in the box mean. Use a dictionary to help you.

self-esteem/self-worth • self-identity • self-improvement

20b. Fill in the gaps with the words from activity 20a. Write the answers in your notebook.

- Jenny: 'I love learning new things! I've just finished a pottery workshop and now I'm looking for an online e-commerce course.'  
Jenny believes in .
- Karim: 'I'm not too smart. I failed maths again. I don't know why I even try.'  
Karim seems to have low .
- Fatima: 'I always stand by what I believe in. I have a set of rules which I go by no matter what others think of it. I value honesty and decency most of all.'  
Fatima can be described as a person with a strong sense of .

 Work in pairs.

- Give examples of self-improvement.
- Describe a person who has high self-esteem/self-worth and low self-esteem/self-worth.

